Advanced Imaging Methods for Early Microstructural and Metabolic Changes Following Traumatic Brain Injury

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Magnetic Resonance Research Center

The Problem!

Traumatic brain injury is complex





Diffusion Tensor Imaging

- Understanding tissue alterations at an early stage following traumatic brain injury (TBI) is critical for injury management and prevention of more severe secondary damage to the brain.
- Diffusion tensor imaging (DTI) is a powerful tool for studying white mater microstructure change.



• DTI has been used extensively in evaluating axonal damage following TBI.



Magnetic Resonance Spectroscopy

- Provides a non-invasive assessment of tissue metabolites in vivo.
- Sensitive to various metabolites including
 - N-acetylaspartate neuronal marker
 - Choline synthesis & breakdown of cell membranes
 - Creatine related to metabolic energy
 - Lactate indicator of hypoxic conditions
 - Myo-inositol sensitive to osmoregulatory changes
 - Glutamate/Glutamine neuronal transmission



Injury Models

- Controlled Cortical Impact
- Under Belly Blast: Fourney-Fiskum Model
- Blast Overpressure: Simard-Gerzanich Model



Controlled Cortical Impact

Controlled Cortical Impact (CCI) injury model*



* Dixon et al., J Neurosci Methods. 1991; 39:253-62.





Early Metabolic Changes in Hippocampus



Ipsilateral Hippocampus



Contralateral Hippocampus



Diffusion Tensor Imaging



baseline ■ 2hr ■ 4hr

Underbelly Blast Fourney-Fiskum Model





Diffusion Changes







Blast Overpressure Simard & Gerzanich Model



Cranium only blast injury apparatus (COBIA).
No thoracic transmission of blast wave.
Generated by detonating 0.22 caliber cartridges of 128 or 179 mg of smokeless powder.
Peak overpressure can reach as high as 1300 kPa









IC left

IC right

Summary from Experimental Models

- Early biochemical changes appear to be dependent on the injury model.
- All models show changes in NAA, Taurine and myo-inositol suggesting some neuronal damage and changes in osmolarity probably due to inflammation. Microstructural changes in hippocampus and ipsilateral regions
- Underbelly blast: decrease in glutathione (antioxidant) immediately following injury suggesting that the injury mechanism leads to oxidative stress. Mechanism not reported earlier in vivo. Microstructural changes in hippocampus & thalamus.
- Blast overpressure creates an imbalance in excitatory and inhibitory activity via the Glu-Gln cycle.

Traumatic Brain Injury

Traumatic injuries remain the leading cause of death in children and in adults aged 45 years or younger.



Primary injury:

Structural changes due to mechanical forces

Secondary injury:

Widespread degeneration of neurons, gial cells, axons

Patient outcome is hard to predict!

The major focus of TBI management: **Prevention of secondary injuries**

Diffusion Tensor Imaging in Evaluating TBI

Normal

Patient



Whole brain ADC histogram



Abnormal DTI despite negative conventional MRI and CT findings!



Does normal DTI mean no injury?

- Acutely post injury:
 - Increased FA
 - Reduced MD

Possible cause: cytotoxic edema, reduced extracellular space, etc.

- Chronic stage:
 - Reduced FA
 - Increased MD

<u>Possible cause:</u>edema, cellular destruction, axonal degeneration, etc.

- At sub-acute stage, DTI parameters may undergo pseudonormalization^{1,2}.
- Does this mean there is no injury?

¹MacDonald et al., 2007. ²Mayer et al, 2010

Beyond DTI: Diffusion Kurtosis

- the Non-Gaussian property of water diffusion



* Jensen JH, et al. Magn Reson Med. 2005; 53:1432-40.

Diffusion Kurtosis

the Non-Gaussian property of water diffusion



Diffusion kurtosis

- tissue complexity (heterogeneity)¹
- higher sensitivity in characterizing tissue microstructure^{2,3}

¹Jensen JH, Helpern JA, 2010. ² Falangola MF et al, 2008. ³Hui ES et al., 2008.

Our Goal

 To investigate whether diffusion kurtosis parameters provide information over and beyond that available from DTI parameters regarding tissue damage following TBI

• Whether DKI is sensitive to microstructure changes in grey matter

Animal Preparation

Controlled Cortical Impact (CCI) injury model*



DKI protocol:

- 30 directions
- 2 b-values (b=1000 and 2000 s/mm²)
- 2 averages
- TR/TE = 6000/50 ms
- Rats (Adult male Sprague-Dawley): n = 12
- Imaging (Bruker 7T): baseline (1 day before injury) acute stage (2 hours post injury) sub-acute stage (7 days post injury, n = 7)
- Histology: 7 days post injury after imaging

* Dixon et al., J Neurosci Methods. 1991; 39:253-62.

Parametric maps of a representative rat

base

2 hour

7 day



MD

MK

 T_2 -weighted

Regional evolution of DKI parameters

Injured site





□ base 2 hr *** 1 0.9 0.8 MK 0.7 0.6 0.5 0.4 HC-ips CTX-ips HC-con CTX-con



Tissue microstructure & kurtosis

a Astrocytes in healthy CNS tissue



b Mild to moderate reactive astrogliosis





d Severe astrogliosis with compact glial scar formation











Increased severity of injury

мк 🕇

Sofroniew & Vinters, Acta Neuropathol 2010

Diffusion Kurtosis – Imaging Marker for Astrogliosis?



Correlation between histology & MK



Conclusion

- We observe a clear association of mean kurtosis with increased GFAP immunoreactivity.
- Mean Kurtosis is increased despite the fact that DTI parameters such as *MD* and *FA* were normal.
- Mean Kurtosis appears to be a sensitive marker for mild inflammatory responses, even in grey matter regions and may help in the management of secondary injury.
- Other biological factors (processes associated with neurodegeneration, microglia, etc.) can also affect mean kurtosis.
- Future studies will focus on understanding how these factors affect diffusion and kurtosis parameters.

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